



CANFIT

Communities · Adolescents · Nutrition · Fitness

MATERIALS ORDER FORM - UPDATED SEPTEMBER 2009

CANFIT helps bridge the gap between communities and policymakers. Since 1993, we have been at the heart of the movement to improve healthy eating and physical activity environments for adolescents in low income communities and communities of color. From grassroots to government, we work with community-based and youth-serving organizations to identify local solutions and support the development of culturally competent policies and practices.

For a description of CANFIT materials, see the Our Work: Programs/Curriculum page on our website.

To order materials, complete the form below:

Organization _____ Contact: _____

Address _____

City _____ State _____ Zip _____

Phone: _____ Fax: _____

E-Mail _____

Quantity	Language	Description	Each	Total
_____	_____	LESSONS PLANS & CURRICULA	_____	
	English	CANFIT Super Manual with binder	40.00	
	English	CANFIT Super Manual without binder	35.00	
	English	Filipino-American Nutrition and Fitness: A Guide for Working with Middle School Teens; Elementary School Children; Teachers; or Parents	5.00 each	
	Korean	Nutrition Fitness Teaching Module for Korean Language Schools	5.00	
	English	Science and Math Lesson Plans	4.25	
	English	Teen Activity Project Workbook	4.25	
_____	_____	POSTERS, FLYERS & BOOKLETS	_____	
	English	Fast Food Survival Guide (Note: for orders of more than 10, cost is \$3.25 each for first 10 and \$1.75 each thereafter.)	3.50	
	Spanish	Flyer: Leche semi-descremada 1% (1% low-fat milk campaign)	Free	
	English & Spanish	Get into Action with Power Snacks	4.25	
	English	Native American Food Pyramid	3.00	
	English & Spanish	Power Pyramid	3.00	
_____	_____	RECIPES	_____	
	English	Eat to compete with Power Foods: Kids and Parents Cooking Together	5.00	
	Spanish	Eat to compete with Power Foods: Kids and Parents Cooking Together	5.00	
	English	Project FLASH: Recipes for Health, Filipino-American Style - The Guide for Food Service Supervisors in School Lunch Programs	5.00	

		POLICY BRIEFS		
	English	After School Landscape in California: Opportunities of the After School Education & Safety Program Act	Free* or \$10**	
	English	After School Physical Activity Policy Brief	Free* or \$10**	
	English	Expanding Opportunities for After School Physical Activity	Free* or \$10**	
	English	Working Paper: Promoting Health and Preventing Obesity in After School Programs: Critical Issues to Consider	Free*	
		OTHER MATERIALS		
	English	CANFIT & P.H.A.T. Overview DVD	15.00	
	English	CANFIT Connection e-Newsletter - Sign up on Contact Us page of website.	Free	
	English	CANFIT Cultural Needs Assessment Guide	Free*	
	English	CANFIT Information Packet	Free	
	English	Food for Thought DVD	15.00	
	English	Healthy After School Snack Guide - 2 nd Edition	Free* or \$10**	
	English	Promoting Healthier After School Environments: Opportunities & Challenges	Free*	
	English	P.H.A.T. Multi-media Package	100.00	
	English	P.H.A.T. Multi-media Package - Reduced price only for organizations that work directly with low income, ethnic youth	55.00	
	Spanish	Recetas para el Exito	Free* or \$15**	
	English	Research Paper: Development & implementation of a school-based nutrition & fitness promotion program for ethnically diverse middle school girls	3.00	
	English	Road Map to Promoting Nutrition & Physical Activity in Youth Sports League	4.25	
		*Free download available on Publications page of website.		
		**Cost for printed version.		
		SUBTOTAL (includes shipping and handling)		
		Add 9.75% sales tax for orders placed from California.		
		TOTAL		
		Note: Insurance will be added for orders over \$100.		

Make check or money order payable to: **CANFIT/Tides Center**. Do Not send cash or purchase order.

MAIL TO: CANFIT - 2140 Shattuck Ave., Suite 610, - Berkeley, CA 94704

Call with credit card information. PHONE: (510) 644-1533 **FAX:** (510) 644-1535

Please allow two weeks for delivery. Thank you for your order. Visit our website at: www.canfit.org